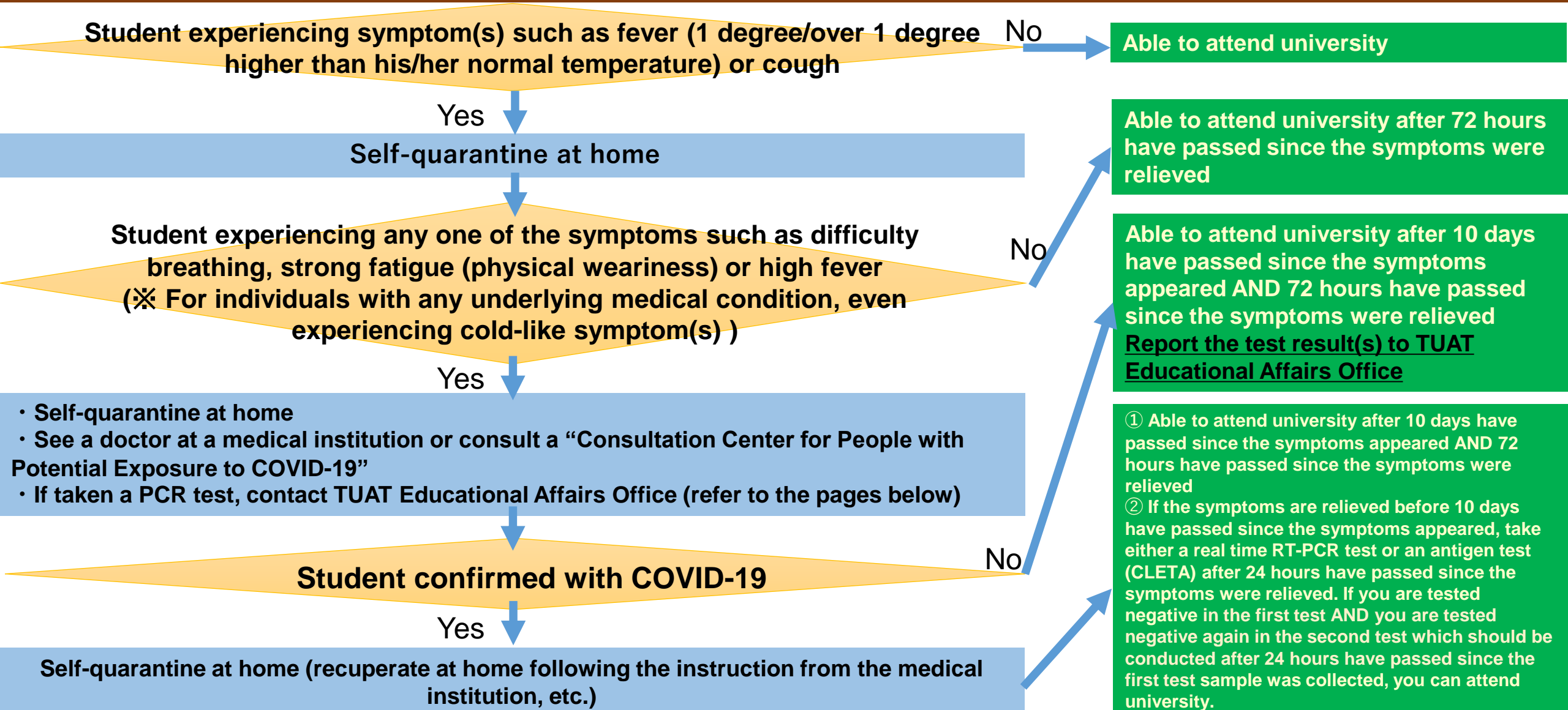


# Self-Quarantine Guide When Student Him/Herself is in Poor Physical Condition



※ However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

# Self-Quarantine Guide When Student's Family Member, etc. is in Poor Physical Condition

Student him/herself experiencing no symptom; however, a family member, etc. experiencing symptom(s) such as fever (1 degree/over 1 degree higher than his/her normal temperature) or cough

No

Able to attend university

Yes

Student him/herself is to self-quarantine at home

Family member, etc. experiencing any one of the symptoms such as difficulty breathing, strong fatigue (physical weariness) or high fever  
(※ For individuals with any underlying medical condition, even experiencing cold-like symptom(s) )

No

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

Yes

- Student him/herself is to self-quarantine at home
- Family member, etc. is to see a doctor at a medical institution or consult a “Consultation Center for People with Potential Exposure to COVID-19”

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

Student him/herself identified as a Close Contact to a COVID-19 positive individual

No

① If the student him/herself tested positive for a PCR test, the student is able to attend university after 10 days have passed since the test was conducted AND 72 hours have passed without the symptoms re-appearing.  
② If the student him/herself tested negative for a PCR test, the student is able to attend university after 10 days have passed since the symptoms the family member, etc. experienced appeared AND 72 hours have passed since the symptoms the family member, etc. experienced were relieved (However, the student should observe his/her health conditions for the next 14 days).  
**Report the test result(s) to TUAT Educational Affairs Office**

Yes

- Student him/herself is to self-quarantine at home (take a test following the instruction from the public healthcare center, etc.)
- Contact TUAT Educational Affairs Office (refer to the pages below)

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# If taken/will be taking a PCR test, specified as a close contact of a COVID-19 case or confirmed with COVID-19

If a TUAT student has taken/will be taking a PCR test due to a suspected infection, has been specified as a close contact of a COVID-19 case, or has been infected with the virus, please contact the following.

## 【Contact】

TUAT Educational Affairs Office

042-367-5537

※During **Non-Office Hours** (on weekends/holidays, on weekdays 17:15 -8:30):  
090-5773-8562 (for international students)

We will ask:

- Name, student number, contact information
  - People (affiliated with TUAT) in contact with during the past 2 weeks
  - On-campus buildings used in the past 2 weeks
- If having cold-like symptoms (fever, cough, sore throat, runny nose, etc.), please stay at home and take rest.
  - If suspected of COVID-19 as listed below, contact a consultation call center in your residential area on the website below.

### Do you have symptoms like below?

- Experiencing any of the severe symptoms such as difficulty in breathing, strong fatigue, or high fever
- People at higher risk for developing serious complications\* while experiencing relatively light cold-like symptoms such as fever or cough, etc.
  - \*elderly; people with underlying medical conditions such as diabetes, heart or lung/respiratory tract disease (COPD, etc.); people on dialysis, people on immunosuppressants or anti-cancer agents
- Having relatively light cold-like symptoms such as fever or cough which have continued for 4 days or longer
- Had/have been in close contact with a person confirmed with COVID-19

[Redacted]

[Redacted]

### Consultation Call Centers for:

- People who have suspected symptoms
- People who had/have been in close contact with a person confirmed with COVID-19

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]